Three (Plus) Important Tips for Church Leaders April 2016

Handling Differences of Opinion

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Many meetings waste time when a difference of opinion bogs down the discussion, and sometimes results in unnecessary damage to relationships. What if there were a way to address differences of opinion in seconds, and in a healthier way? Equally important, would the difference of opinion be addressed regardless of whether it was something major or something trivial?

- 1. Pray while you are listening to the other person.
- 2. Qualify what kind of difference is it, Is it an "either-or" continuum, paradox, or polarity? Each requires a different response: a) Choose neither end of the **continuum**; b) Embrace both ends of the **paradox.** Alternate each end of the **polarity**.
- 3. Discover what kind of fact it seems to be, Is it true for you as analytical, emotive, synthetic, or belief?
- 4. Pick the approach you prefer at this moment Confront, Avoid, or Postpone! Ask yourself, "How do I want to respond?" a) Confront (act like someone who is not kind, argue, beat up, threaten, be stubborn, fight), b) Avoid (walk away from the conversation, give up, ignore, stay silent), or c) Postpone (Give it a rest, think about it, delay, "later," cool off, count to 10)?
- 5. Set guidelines for the conversation that the group adopts by consensus just before the conversation begins.
- 6. **Reframe the issue or its context** Such as in Adventures in Attitudes the anxiety filled driver who was angry at the boy who threw a rock at his new car on a rural road only to find out the boy was trying to get his attention because his mother lay dying in the ditch.
- 7. Enlist someone to intervene (passively) Sending you a pre-set signal in a pre-agreed way, such as I do when I ask my wife to give me the "cutoff" signal when I am talking too long.
- 8. Learn simple responses to opinions a) Start with a compliment? b) Start with evidence that you listened? Or c) "I understand what I think the speaker said and I feel..." (the opposite, or differently).
- Take the blame and apologize as Scott Marcum suggested. You could say, "I owe you an apology." Friend: "What for?" You: "I had some bad thoughts and attitudes against you and I apologize; please forgive me."
- 10. Ask questions What if you ask the wrong question? You'll find out sooner. Just ask a different one.

<u>Bonus</u>

11. Make your own menu – It's fun to pick from your own list.

For a more in depth discussion on this excellent resource for Congregation Leadership Development, request a webinar by the same name at <u>mail@HealthierChurch.org</u>